

First Aid at Work—Re-Qualification

Course Duration : 2 day

This is an Advanced course

Who should attend:

- This course is suitable for anyone who needs to renew and update their statutory first aid at work certificate, providing their existing first aid at work certificate is valid at the beginning of the course.

The Course content:

Primary Care:

- Initial Assessment
- Recovery Position
- Adult one rescuer CPR
- Adult CPR handover
- Compression only CPR
- Drowning
- Adult Choking Conscious
- Adult Choking Becoming Unresponsive
- Serious Bleeding
- Shock and Spinal Injury

Secondary Care—Injury:

- Injury Assessment
- Breaks/Dislocations/Fractures
- Wounds and Dressing's
- Embedded Objects
- Burns/Scalds
- Head Injuries
- Poison
- Temperature Related Illnesses
- Eye Injuries
- Strains/Sprains
- Internal Bleeding
- Bites/Stings
- Crush Injuries
- Chest Injuries & Electrical Injuries.

Secondary Care—Illness:

- Illness Assessment
- The Respiratory System
- Diabetes
- Anaphylactic Shock
- Seizures/Epilepsy
- Heart Attack
- Angina
- Stoke
- Fainting
- Asthma
- Hyperventilation

Course recognition:

- This course meets the recommendations of ILCOR, ERC and the UK Resuscitation Council guidelines 2010 and is fully HSE approved under ITG approval number 38/10 and meets the requirements in the First Aid at work regulations 1981 (revised October 2009)
- Once this course has been completed you will receive a new 3 year First Aid at Work Certifi-

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IOSH Accredited Course

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